

Review of Systems (from *Primary Care for the Physical Therapist* by William G. Boissonnault, 2005)

I. General Health

- a. Fatigue
- b. Fever/chills/sweats
- c. Nausea/vomiting
- d. Weight change
- e. Paresthesia, weakness, or balance problems (dizziness)
- f. Malaise
- g. Mentation/cognition

II. Cardiovascular System

- a. Dyspnea
- b. Palpitations
- c. Pain w/sweats
- d. Syncope
- e. Peripheral edema
- f. Cough

III. Pulmonary System

- a. Dyspnea
- b. Cough
- c. Sputum
- d. Wheezing
- e. Clubbing of nails

IV. Gastrointestinal System

- a. Difficulty swallowing
- b. Heartburn or indigestion
- c. Specific food intolerances
- d. Change in appetite
- e. Bowel dysfunction
 - Constipation/diarrhea
 - Color
 - Shape
 - Frequency
 - Difficulty initiating
 - Incontinence

I: screened for all patients

II, II, IV (upper GI): shoulder/cervical spine pain

V. Urinary System

- a. Frequency
- b. Reduced force of urine stream
- c. Difficulty initiating urine stream
- d. Dysuria
- e. Color
- f. Incontinence

VI. Genital Reproductive System

Male

- a. Discharge
- b. Impotence
- c. Pain with intercourse

Female

- a. Discharge
- b. Pain with intercourse
- c. Change in menstruation
 - Freq and length of cycle
 - Dysmenorrhea
 - Blood flow
- d. Date of last period
- e. Number of pregnancies
- f. Number of deliveries
- g. Menopause

VII. Skin Inspection

- a. Asymmetry
- b. Border
- c. Color
- d. Diameter

II, III, IV, V (T-L junction): thoracic spine pain

IV, V, VI: lumbosacral pain